

Community College **Macomb Community College**
 WSU College/School **College of Education**
 Major **Exercise and Sport Science**
 Degree/Credits **Bachelor of Science (BS) / 120 credits**

Achieving your goal of obtaining a four-year degree is attainable through the collaborative effort of Macomb and Wayne State. Begin your journey by earning an associate degree at Macomb, followed by a seamless transition to Wayne State for the completion of your bachelor's degree. Throughout this academic pursuit, you have the opportunity to embrace the diverse experiences and communities offered by both campuses.

Macomb Community College

<i>Program/Major (Degree)</i>	<i>Credits (min.)</i>
Associate of Science (AS)	60
Associate of General Studies (AGS)	60
Exercise Science (AAS)	62
Health and Wellness Promotion (AAS)	62
Medical Assistant (AAS)	62
Occupational Therapy Assistant (AAS)	65

Michigan Transfer Agreement (MTA) -Satisfies WSU University General Education requirements.

<i>Discipline</i>	<i>Course (specific course required, if listed)</i>	<i>Credits</i>	<i>WSU Equivalent</i>
English Composition	ENG 1180 Communications 1 (or ENG 1210)	3-4	ENG 1020
	ENG 1190 Communications 2 (or ENG 1220)	3-4	ENG 3010
Humanities/Fine Arts	See MTA; approved humanities/fine arts	3	See advisor
<i>Must be from different disciplines</i>	See MTA; approved humanities/fine arts	3	See advisor
Mathematics	See MTA; approved mathematics	4	See advisor
Sciences	BIOL 1000 General Biology	4	BIO 1510/1511
	PHSA 1050 Physical Science <i>or</i> PHYS 1180 College Physics 1	4	PHY 1020 <i>or</i> PHY 2130
Social Sciences	PSYC 1010 Intro to Psychology	4	PSY 1020
<i>Must be from different disciplines</i>	See MTA; approved social science	3	See advisor

TOTAL CREDITS 31-33 (30 min.)

Note: Starting Fall 2024 ENGL 1181 Communications 1 is acceptable for ENGL 1180.

Required courses

<i>Course</i>	<i>Credits</i>	<i>WSU Equivalent</i>
BIOL 2710 Human Physiological Anatomy	6	BIO 2870
BIOL 1400 Fundamentals of Nutrition	3	NFS 2030
CHEM 1170 General Chemistry I	4	CHM 1100/1130
WHES 2022 Lifestyle, Behavior & Disease	3	HE 2310
WHES 2070 Prevention and Illness & Injury	3	LFA 2330

TOTAL CREDITS 19



Transfer Pathway Planning Guide
Catalog Year 2024-25

Transfer credit summary

	Credits
Michigan Transfer Agreement (MTA)	31-33
Required courses	19
Pathway (see MCC degree requirements and/or electives) * See advisor for course recommendations.	10-33

TOTAL TRANSFER CREDITS 60-83 (min.)

*The range of credit hours allows for earning additional credentials, such as certificates, or transfer credit while completing an associate degree. Some course(s) not included in the pathway may satisfy Wayne State requirements. See advisors for more details.

Wayne State University

Bachelor of Science (BS) in Exercise and Sport Science

Course	Credit	Note
KHS 1000 Contemporary Issues in Sport	3	
KIN 3000 Professional Perspectives in Kinesiology	3	
KIN 3400 Lifespan Growth and Development	3	
KIN 3540 Cultural Foundations of Kinesiology	3	
HE 3500 Human Disease	3	
KIN 3550 Motor Learning and Control	3	
KIN 5523 Physical Activity and Exercise Psychology <i>or</i> KIN 5520 Sport Psychology	3	
KIN 3580 Biomechanics	3	
KIN 6300 Exercise Physiology I	3	
KIN 6100 Methods of Group Training <i>or</i> KIN 6120 Strength and Conditioning	3	
KIN 6320 Fitness Assessment/Prescription	3	
KIN 5350 Exercise Science Internship	4	
KIN Elective (see advisor)	0-15	<i>Exercise Science (AAS) satisfies electives.</i>

TOTAL CREDITS 37-52 (30 min.)

Wayne State credit summary –minimum 120 credits required for BS degree

	Credits
Major	37-52 (30 min.)
Wayne State electives and/or degree enhancements (WSU degree) <ul style="list-style-type: none"> • Accelerated Graduate Enrollment (AGRADE) • Honors • Undergraduate research • Study abroad 	0-23
TOTAL WAYNE STATE CREDITS	37-60

TOTAL WAYNE STATE and TRANSFER CREDITS 120 (min.)

Wayne State electives and degree enhancements

Consider electives as additional opportunities for you to gain marketable skills like critical thinking, leadership, and communication. These skills build a strong foundation for long-term career success. Defined broadly, career learning includes, but is not limited to, the following:

- Interdisciplinary project-based learning and field work
- Internships, micro-externships, and co-ops
- Global experiences/education abroad
- Community service learning
- Team-based solutions, oriented experiences
- Research in the field and in lab settings
- Alumni and professional mentoring, job shadowing and other developmental experiences
- Entrepreneurship and other business development opportunities

Exercise & Sport Science - Bachelor of Science (B.S.)

The Bachelor of Science program in Exercise and Sport Science is accredited by the Commission on Accreditation of Allied Health Education Programs upon the recommendation of the Committee on Accreditation for the Exercise Sciences (CoAES).

Notes

- You can review how all courses transfer using the [course equivalency tool](#). For a self-service, customized WSU degree audit, please visit <https://wayne.edu/transfer/tess>
- Wayne State requires a minimum of 30 credits in residency.
- The pathway allows multiple associate degree options with the flexibility to customize your degree path. The minimum eligibility to participate in the Wayne State Transfer Pathways is a cumulative GPA of 2.5 or above, Michigan Transfer Agreement (MTA), and an associate degree (earned or Reverse Transfer). See [transfer credit guidelines](#).
- All college-level (non-developmental), non-duplicated courses with a 2.0 (C) grade point average (GPA) or above will be considered for transfer credit. Earned credit will transfer as 1) direct course equivalency, 2) major/department credit, or 3) elective credit. Credits not earned at Macomb will need to be taken at WSU.
- These pathways do not replace the importance of Macomb and Wayne State academic advising. The pathway provides a general roadmap to degree completion.